

PICK HER UP



Type : Danse en ligne , 64 comptes , 2 murs , 1 Restart
Niveau : Novice
Chorégraphe : Darren BAILEY
Musique : " Pick Her Up " de HOT COUNTRY KNIGHTS
Intro : 16 comptes .

1 - 8 R VINE WITH CROSS, POINT R, CROSS, POINT L, CROSS

- 1-2 Step RF to R side, Cross LF behind RF
- 3-4 Step RF to R side, Cross LF in front of RF
- 5-6 Point RF to R side, Cross RF in front of LF
- 7-8 Point LF to L side, Cross LF in front of RF

9 - 16 HEEL GRIND WITH ¼ TURN R, ROCK BACK, RECOVER HEEL GRIND WITH ¼ TURN R, ROCK BACK, RECOVER

- 1-2 Place R heel forward, Fan R toe out turning ¼ R and stepping LF back 03:00
- 3-4 Rock RF back, Recover forward onto LF
- 5-6 Place R heel forward, Fan R toe out turning ¼ R and stepping LF back 06:00
- 7-8 Rock RF back, Recover forward onto LF

17 - 24 STEP (CLAP), SWEEP (CLICK), CROSS, SIDE, BEHIND (CLAP), SWEEP (CLICK), BEHIND, SIDE

- 1-2 Step RF forward/clap, Sweep LF from back to front/click fingers L hand low R hand high
- 3-4 Cross LF in front of RF, step RF to R side
- 5-6 Cross LF behind RF/clap, Sweep RF from front to back/click fingers R hand low L hand high
- 7-8 Cross RF behind LF, Step LF to L side

25 - 32 STOMP R, STOMP L, SWIVET R, SWIVET L, STOMP R, STOMP L

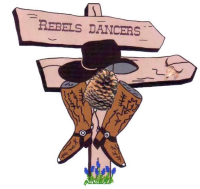
- 1-2 Stomp RF forward, Stomp LF next to RF
- 3-4 Twist both toes to R (weight on Heel of RF and ball of LF), Return to centre
- 5-6 Twist both toes to L (weight on Heel of LF and ball of RF), Return to centre
- 7-8 Stomp RF forward, Stomp LF next to RF

33 - 40 ROCKING CHAIR WITH RF, ½ TURN PIVOT L, ½ TURN PIVOT L

- 1-2 Rock RF forward, Recover onto LF
- 3-4 Rock RF back on RF, Recover onto LF
- 5-6 Step RF forward, Pivot ½ turn L 12:00
- 7-8 Step RF forward, Pivot ½ turn L 06:00



HONKY TPNK FLOOR (SUITE)



41 - 48 R VINE WITH TOUCH, SIDE L, CLOSE, FORWARD, HOLD

- 1-2 Step RF to R side, Cross LF behind RF
- 3-4 Step RF to R side, Touch LF next to RF
- 5-6 Step LF to L side, Close RF next to LF
- 7-8 Step LF forward, Hold

49 - 56 CHASE ½ TURN TO L, HOLD, FORWARD L, R, L, HOLD

- 1-2 Step RF forward, Pivot ½ turn L 12:00
- 3-4 Step RF forward, Hold
- 5-6 Step LF forward, Step RF forward
- 7-8 Step LF forward, Hold

(option: on counts 5-7 you can make a full turn R travelling forward)

Restart here on wall 5 facing 12:00

57 - 64 OUT, OUT, IN, CROSS, SIDE R, TOUCH BEHIND, ½ TURN L WITH 2 BOUNCES

- 1-2 Step RF out, Step LF out
- 3-4 Step RF in, Cross LF in front of RF
- 5-6 Step RF to R side, Touch LF behind RF
- 7-8 Make ¼ turn L (with Bounce), Make ¼ turn L (with Bounce) weight finishes on LF 06:00

RECOMMENCEZ ET GARDER LE SOURIRE